

Practice resources for those working with children with Food Allergies



Free Courses

Key facts

- Costs: Free, optional certificate for £5 plus VAT
- Type of course: Online e-learning
- Time to complete: Approximately 45 minutes
- Designed for: Parents and carers of pre-school aged children with severe allergies, childminders, staff in early year's settings

[Allergywise.org/Anaphylaxis Campaign](https://www.allergywise.org/Anaphylaxis-Campaign)

Webinars:

[Anaphylaxis.org / Webinars](https://www.allergywise.org/Webinars)

Other Links:

[Living with Anaphylaxis – Shopping and Preparing Food](#)

[Allergy UK – Information and advice for schools / Allergy Awareness Management](#)

If your setting has a policy of special coloured plates/stickers - please question who this is for. Children with anaphylaxis and their families already experience social exclusion. This policy can often encourage parents to think their child is safe when this is not necessarily the case. Good practice means that practitioners know each of their children and have an awareness of their needs. Do children with other needs wear stickers or have coloured plates? What is inclusive practice and what does it mean for children - all questions that need to be asked as what seems a good idea on the surface can actually have a deep seated psychological impact.

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